
THE IMPORTANCE OF MNEMONICS IN EASY VOCABULARY MEMORIZATION

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Abstract. Nowadays, the importance of vocabulary memorization in learning foreign languages is considered one of the most urgent issues. Almost every day, new ways to easily remember vocabulary are created, and everyone tries different methods. However, not every study gives the expected result. It's safe to state that the traditional approaches of memorization and repetition of language are no longer effective. In contrast to these strategies, vocabulary memorization by imagination is a need and a successful remedy in the present. Albert Einstein believed that imagination is more significant and useful than knowledge. Information learned through imagination is maintained in our brains for a longer amount of time and is processed in a long-term memory. The beneficial effects of various mnemonic techniques, which are intrinsically tied to creativity in the process of memorization of language, are discussed in this article.

Аннотация. В настоящее время важность запоминания лексики при изучении иностранных языков считается одним из самых актуальных вопросов. Практически каждый день создаются новые способы легкого запоминания словарного запаса, и каждый пробует разные способы. Однако не каждое исследование дает ожидаемый результат. Можно с уверенностью констатировать, что традиционные подходы к запоминанию и повторению языка уже не эффективны. В отличие от этих стратегий, запоминание лексики с помощью воображения является необходимостью и успешным средством в настоящем. Альберт Эйнштейн считал, что воображение важнее и полезнее, чем знания. Информация, полученная с помощью воображения, сохраняется в нашем мозгу в течение более длительного времени и обрабатывается в долговременной памяти. В статье рассматриваются благотворные эффекты различных мнемонических приемов, неразрывно связанных с творчеством в процессе запоминания языка.

Annotatsiya. Hozirgi kunda chet tillarini o'rganishda so'z boyligini oshirishning ahamiyati dolzarb masalalardan biri sifatida qaralmoqda. Deyarli har kuni so'z boyligini osongina eslab qolishning yangi usullari yaratiladi va har bir kishi turli usullarni sinab ko'radi. Biroq, har bir tadqiqot kutilgan natijani bermaydi. So'zni yodlash va takrorlashning an'anaviy usullari endi samarali emasligini aytish mumkin. Ushbu strategiyalardan farqli o'laroq, lug'atni tasavvur

orqali yodlash bugungi kunda zarurat va muvaffaqiyatli vositadir. Albert Eynshteyn tasavvur qilish bilimdan ko'ra muhimroq va foydalibroq deb hisoblagan. Tasavvur orqali o'rganilgan ma'lumotlar bizning miyamizda uzoq vaqt saqlanadi va uzoq muddatli xotirada qayta ishlanadi. Ushbu maqolada so'z boyligini oshirish jarayonida tasavvur bilan uzviy bog'liq bo'lgan turli xil mnemonik usullarning foydali ta'siri muhokama qilinadi.

Key words: Mnemonics, a long-term memory, the linking method, visualization, focusing necessary words.

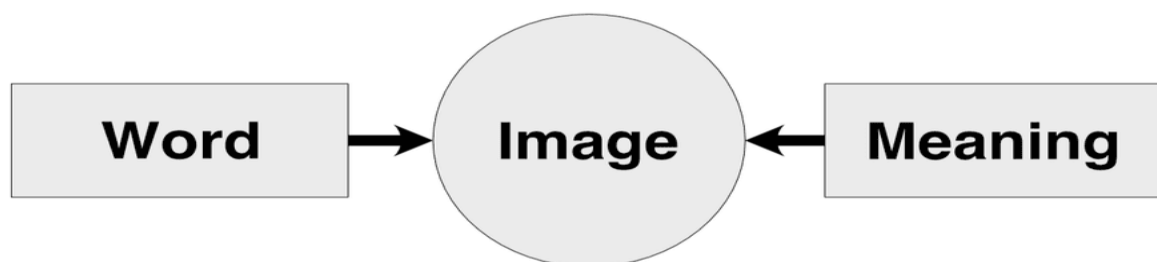
Ключевые слова: мнемотехника, долговременная память, метод связывания, визуализация, выделение нужных слов.

Kalit so'zlar: mnemonika, uzoq muddatli xotira, bog'lash metodi, vizualizatsiya, muhim so'zlarga e'tibor berish.

Developing new vocabulary is a crucial part of learning a language. However, the enormous number of words that must be memorized might be stressful for students, making the need for good mnemonic strategies imperative. By providing insights into their cognitive mechanics and consequences for educational practice, this article intends to shed light on the significance of mnemonic techniques in vocabulary memorization. In mnemonics, there are many methods aimed at making vocabulary easier to remember. For example, the Linking method is one of the most convenient ways to effectively remember words through imagination. Making a connection between the term you want to remember, and a visual image is one of the common methods for memorizing vocabulary. Whether you are learning a term in your native language or a foreign one, the fundamental method is the same. The basic steps for learning vocabulary words are as follows:

1. Create a visual representation of the word's sound (a mnemonic image).
2. Visualize a picture that represents the word's meaning.
3. Create a compound image that connects the two mnemonic images by linking them.

linking them.



Vocabulary Linking Method Example

For example, if you want to remember the Spanish vocabulary word saltar, which means to jump, you could picture someone jumping over a saltshaker.

Saltar is the vocabulary word, and to jump is the meaning.

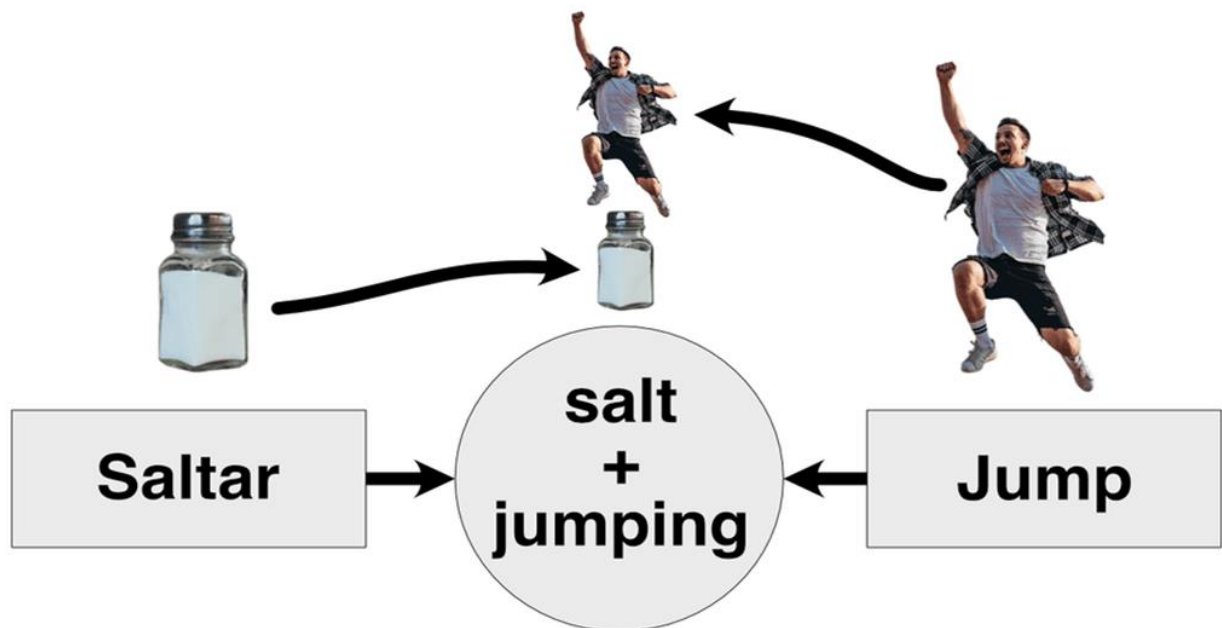
Let's go through the steps:

1. Think of a picture to represent the sound of the word. The word is saltar which sounds like "salt", so the mnemonic image for the word could be a saltshaker.

2. Think of a picture that represents the meaning of the word. The meaning is to jump so the mnemonic image could be “a person jumping”.

3. Then link the two mnemonic images into a compound image that links the mnemonics together. The compound image here is “a person jumping over a saltshaker”.

The image of the saltshaker jumping encodes both the word and its meaning.



When you hear the word “saltar”, the “salt” part of the word will remind you that someone was jumping over salt — so the word saltar means “jump”.

In addition, focusing only on the necessary and important words is also one of the main factors of effectiveness. You can choose words (or word groups) at random to use when expanding your vocabulary. Going this way, however, doesn't help you study more effectively because it is similar to rote memorization. To fully understand each of the elements, you would probably need to review them several times. Concentrate your study on essential words and phrases if you wish to recall new vocabulary more quickly. Most instructors advise focusing your initial memorization sessions only on the 100 most frequently used terms in the target language. Finding those 100 words is the difficult part, as information in some languages is readily available but not in others.

To increase the effectiveness of mnemonics even more, combine vocabulary words together when you learn them. Use it for two or more related word pairs in a scene rather than simply one. However, try combining words with scenes first; while it may be effective for some, it may confuse others.

You may still want to organize the order in which you learn words even if you prefer one word pair to one mnemonic. In other words, study a bunch of related words at the same time (for instance, various locations and food names). Most likely, the connections between the words will serve to add to the context, making them simpler to remember later.

In conclusion, the importance of mnemonic methods for vocabulary memorization cannot be overstated. As our understanding of memory processes expands, educators and learners must harness the power of mnemonic techniques to improve language acquisition outcomes. By adopting and refining these methods, learners can unlock their full potential in mastering new vocabulary, thus facilitating effective communication and academic success.

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